

CERTIFICATE OF PARTICIPATION

This is to certify that

Ian Crosby

Has successfully participated & completed the
8km Shift Wellness - Trail Run, The Shift Series
held at Walter Sisulu Garden.

TIME 01:15:24

PACE 09:24/km
OVERALL 40 of 166

GENDER 30 of 78
40 - 49 8 of 21

23 June 2019, Sun

Date



BoutTime

Signature

